УДК 616.64/.69-002.2-053.86-037

Construction of prognostic models of reproductive health of men with chronic inflammation of the urogenital tract

S. Yu. Tsiporenko, L.F. Matyukha

National Medical Academy of Postgraduate Education named after P.L. Shupik, Kyiv

The objective: to statistically evaluate the effect of chronic inflammation of the urogenital tract, as well as other concomitant factors on reproductive health of men, and also predict the likelihood of being healthy in the future.

Materials and methods. The research is implemented in several successive stages. At the first stage, by means of an expert survey of family doctors, dermatologists and urologists, a system of key indicators for the effects on reproductive health of men was developed, due to the transfer of chronic inflammation of the urogenital tract. At the second stage, the collection of information on key factors of influence through the questioning of men during 2015–2019 by the face-to-face approach during the reception of patients on the clinical bases of the Department of Family Medicine and ambulatory-polyclinic care of NMAPE named after PL Shupik. The survey was attended by 388 patients. In the third stage, on the basis of the established database of interviewed patients, the correlation between the index of reproductive health of men with chronic inflammation of the urogenital tract and the main factors that cause it are established. At the next stage, factor variables have been selected and prognostic models of the probability of decreasing fertility among men who have been diagnosed with chronic inflammation of the urogenital tract have been constructed.

Results. The system of key indicators of the effect on reproductive health of men, as a result of the transfer of chronic inflammation of the urogenital tract is grouped into five blocks: socio-demographic characteristics; diseases of the reproductive system in history; adherence to a healthy lifestyle; peculiarities of sexual life; actual sperm parameters.

The greatest influence on the negative reproductive health of men who were ill with chronic inflammation of the urogenital tract has demographic characteristics of patients and parameters of sperm. Thus, men over 40 years of age with a pathological morphotype of spermatozoa with a high probability of decreasing fertility in the background or after treating chronic inflammation of the urogenital tract.

During the experimental calculations, it has been established that the most appropriate approach in identifying the factors influencing the future of reproductive health of men is the use of linear prognostic models using structural variables.

When constructing a prognostic model of reproductive health of men, it is determined that the model is more adequate when combining the factors of each of the five indicator blocks.

By the results of the discovery of the most important factor variables for their further use in the prognostic models of the state of reproductive health of men, a method of stepwise regression with «joining» and «exclusion» has been applied.

Conclusion. Two equivalent models are proposed for calculating the probability of decreasing reproductive capacity among men with chronic inflammation of the urogenital tract with an acceptable level of significance of the coefficients of the model and its adequacy in general, at the same time, but the set of factor characteristics in them is different. For the convenience of using the results of simulation and unification of treatment approaches for patients, a scale is proposed for assessing the probability of a decrease in the reproductive health of men from chronic inflammation of the urogenital tract. **Key words:** family doctor, chronic inflammation of the urogenital tract, reproductive health of men, mathematical modeling.

Побудова прогностичних моделей репродуктивного здоров'я чоловіків з хронічним запаленням урогенітального тракту С.Ю. Ціпоренко, Л.Ф. Матюха

Мета дослідження: оцінювання впливу хронічного запалення урогенітального тракту та інших супутніх факторів на репродуктивне здоров'я чоловіків, а також прогнозування ймовірності бути здоровим у майбутньому.

Матеріали та методи. Дослідження реалізовано в декілька послідовних етапів. На першому етапі шляхом експертного опитування сімейних лікарів, дерматовенерологів, урологів розроблено систему ключових індикаторів впливу на репродуктивне здоров'я чоловіків внаслідок перенесення хронічного запалення урогенітального тракту (ХЗУТ). На другому етапі здійснено збір інформації про ключові фактори впливу шляхом опитування чоловіків протягом 2015−2019 років методом віч-на-віч під час ведення прийому пацієнтів на клінічних базах кафедри сімейної медицини та амбулаторно-поліклінічної допомоги НМАПО імені П.Л. Шупика. В опитуванні взяли участь 388 пацієнтів. На третьому етапі на підставі сформованої бази даних опитаних пацієнтів встановлено взаємозв'язки між по-казником репродуктивного здоров'я чоловіків з ХЗУТ та основними чинниками, що його обумовлюють. На наступному етапі виділено факторні змінні та побудовано прогностичні моделі ймовірності зниження фертильності серед чоловіків, хворих на ХЗУТ.

Результати. Система ключових індикаторів впливу на репродуктивне здоров'я чоловіків внаслідок перенесення ХЗУТ згруповано у п'ять блоків: соціально-демографічні характеристики; хвороби статевої системи в анамнезі; дотримання здорового способу життя; особливості статевого життя; фактичні параметри сперми.

Найбільший негативний вплив на репродуктивне здоров'я чоловіків, які хворіли на ХЗУТ, мають демографічні характеристики пацієнтів та параметри сперми. Так, чоловіки віком понад 40 років з патологічним морфотипом сперматозоїдів з високою ймовірністю матимуть зниження фертильності на тлі або після лікування ХЗУТ.

Під час експериментальних розрахунків встановлено, що найбільш прийнятним підходом у виявленні чинників впливу на майбутнє репродуктивне здоров'я чоловіків є застосування лінійних прогностичних моделей з використанням структурних змінних.

При побудові прогностичної моделі стану репродуктивного здоров'я чоловіків визначено, що модель є більш адекватною у разі поєднання факторів кожного з п'яти блоків індикаторів.

За результатами виявлення найбільш вагомих факторних змінних для їхнього подальшого використання в прогностичних моделях стану репродуктивного здоров'я чоловіків застосовано метод покрокової регресії з «приєднанням» та «виключенням».

Заключення. Запропоновано дві рівнозначні моделі для розрахунку ймовірності зниження репродуктивної здатності серед чоловіків з хронічним запаленням урогенітального тракту (X3УТ) з прийнятним рівнем значущості коефіцієнтів моделі та її адекватності в цілому, хоча набір факторних ознак у них є різним. Для зручності користування результатами моделювання та уніфікації підходів до лікування пацієнтів запропонована шкала оцінювання ймовірності зниження репродуктивного здоров'я чоловіків з X3УТ.

Ключові слова: сімейний лікар, хронічне запалення урогенітального тракти, репродуктивне здоров'я чоловіків, математичне моделювання.

В ПОМОЩЬ ПРАКТИЧЕСКОМУ ВРАЧУ

Построение прогностических моделей репродуктивного здоровья мужчин с хроническим воспалением урогенитального тракта С.Ю. Ципоренко, Л.Ф. Матюха

Цель исследования: оценка влияния хронического воспаления урогенитального тракта, а также других сопутствующих факторов на репродуктивное здоровье мужчин, а также прогнозирование вероятности быть здоровым в будущем.

Материалы и методы. Исследование реализовано в несколько последовательных этапов. На первом этапе путем экспертного опроса семейных врачей, дерматовенерологов, урологов разработана система ключевых индикаторов влияния на репродуктивное здоровье мужчин после перенесенного хронического воспаления урогенитального тракта (ХВУТ). На втором этапе осуществлен сбор информации о ключевых факторах влияния путем опроса мужчин в течение 2015—2019 годов методом интервьюирования при ведении приема пациентов на клинических базах кафедры семейной медицины и амбулаторно-поликлинической помощи НМАПО имени П.Л. Шупика. В опросе приняли участие 388 пациентов. На третьем этапе на основе сформированной базы данных опрошенных пациентов установлены взаимосвязи между показателем репродуктивного здоровья мужчин с ХВУТ и основными факторами, его обусловливающими. На следующем этапе выделены факторные переменные и построены прогностические модели вероятности снижения фертильности среди мужчин. больных ХВУТ.

Результаты. Система ключевых индикаторов влияния на репродуктивное здоровье мужчин в результате перенесенного XBУТ сгруппированы в пять блоков: социально-демографические характеристики; болезни половой системы в анамнезе; соблюдение здорового образа жизни; особенности половой жизни; фактические параметры спермы.

Наибольшее негативное влияние на репродуктивное здоровье мужчин, которые перенесли ХВУТ, имеют демографические характеристики пациентов и параметры спермы. Так, мужчины старше 40 лет с патологическим морфотипом сперматозоидов с высокой вероятностью будут иметь снижение фертильности на фоне или после лечения хронического воспаления урогенитального тракта.

В ходе экспериментальных расчетов установлено, что наиболее приемлемым подходом в выявлении факторов влияния на будущее репродуктивное здоровье мужчин является применение линейных прогностических моделей с использованием структурных переменных. При построении прогностической модели состояния репродуктивного здоровья мужчин определено, что модель является более адекватной при сочетании факторов каждого из блоков индикаторов.

По результатам выявления наиболее значимых факторных переменных для их дальнейшего использования в прогностических моделях состояния репродуктивного здоровья мужчин применен метод пошаговой регрессии с «присоединением» и «исключением».

Заключение. Предложены две равнозначные модели для расчета вероятности снижения репродуктивной способности среди мужчин с хроническим воспалением урогенитального тракта (ХВУТ) с приемлемым уровнем значимости коэффициентов модели и ее адекватности в целом, в то же время набор факторных признаков у них разный. Для удобства использования результатов моделирования и унификации подходов к лечению пациентов предложена шкала оценивания вероятности снижения репродуктивного здоровья мужчин с ХВУТ. Ключевые слова: семейный врач, хроническое воспаление урогенитального тракта, репродуктивное здоровье мужчин, математическое моделирование.

The issue of promoting and preserving human health is the most important task of today, which is provided by comprehensive and integrated services of comprehensive, continuous and patient-centered primary care that is demonstrated in achieving the best results based on scientific knowledge and principles of evidence-based medicine [1, 2].

It is established that infectious-inflammatory pathology of the urogenital tract is the most common cause of fertility loss in married men in Ukraine. Its share among other causes of male infertility is 34.7% [4, 7].

There is a significant increase in chronic pathology of the organs of the genitourinary system, which is caused by a combined bacterial-viral infection, such a pathology is more common in men than in women [9, 12].

The objective: to statistically evaluate the impact of chronic inflammation of the urogenital tract and other related factors on men's reproductive health, as well as predicting the likelihood of future health.

MATERIALS AND METHODS

The research is implemented in several consecutive stages. In the first stage, a system of key indicators of the impact on men's reproductive health, due to the transmission of chronic inflammation of the urogenital tract (CIUT), was developed by an expert survey of family doctors, dermatovenereologists, urologists. In the second stage, information on key factors of influence was collected by interviewing men during 2015–2019 by the face-to-face method during the admission of patients at the clinical bases of the Department of Family Medicine and outpatient care at the NMAPE named after PL. Shupik [3]. 388 patients participated in the survey. In the third stage, on the basis of the formed database of the interviewed patients, the correlation between the reproductive health indicator of men with CIUT and the main factors that determine it is established. In the next stage, factor variables were identified and prognostic

models of the probability of fertility decline among men with CIUT were constructed [6, 8].

RESULTS OF THE STUDY AND THEIR DISCUSSION

The system of key indicators for the impact on men's reproductive health, due to the transfer of HCTs, is proposed by the authors to be grouped into five blocks:

- A. Socio-demographic characteristics;
- **B.** History of the reproductive system;
- **C.** Maintaining a healthy lifestyle;
- **D.** Features of sexual life;
- **E.** The actual parameters of semen.

The main list of potential factor variables included about 35 indicators, which could be the basis for building adequate statistical and mathematical models for assessing men's reproductive health (Table 1).

Based on the defined indicator system, a survey tool (questionnaire) was developed and used in the patient survey.

Based on microdata surveys, a number of statistical models have been constructed to reflect the relationship between reproductive health indicators for men with CIUT, taking into account a number of demographic, social, medical and lifestyle factors, as well as sexuality characteristics.

The following indicators were used as indicators of men's reproductive health (dependent variables in the model):

- Proportion of reproductively healthy males (control group)
 males without signs of HCT (about 29% of respondents);
- the proportion of fertile men those who were ill with CIUT, but the disease did not affect the ability to have children (about 41%);
- the proportion of infertile men men who have had a decrease in reproductive capacity due to the disease with CIUT (about 30% of persons).

In the course of the experimental calculations, it was found

System of key indicators of impact on male reproductive health due to chronic inflammation of the urogenital tract

	Block Name	Key Impact Indicators
А	Socio-demographic characteristics	Age, height, weight, level of education, place of residence, employment, working conditions, diagnosis of infertility.
В	Diseases of the reproductive system in history	Prostatitis, sexually transmitted diseases, chlamydia, mycoplasmosis, herpes simplex virus on the gene of the waist, anomalies of genital development, genital injury.
С	Maintaining a healthy lifestyle	Presence of bad habits (smoking, drinking), frequency of smoking, frequency of drinking alcohol, sedentary lifestyle, physical activity, good nutrition, staying in stressful situations.
D	Features of sexual life	Existence of constant sexual partners, frequency of sexual intercourse, physical pleasure from sexual intercourse, frequency of cases of premature ejaculation, use of the method of «interrupted sexual intercourse», use of means for raising sexual desire, presence of children.
Е	The actual parameters of sperm	The morphotype of sperm, the proportion of leukocytes in sperm, leukocytospermia, the presence of pathological forms of sperm

that the most appropriate approach in identifying the factors influencing the future reproductive health of men is to use linear prognostic models using structural variables.

The general appearance of the model with structural variables is given by the formula:

$$H = \beta_0 + \beta_1 b_1 + \beta_2 b_2 + ... + \beta_n b_n$$

where H – is the empirical level of reproductive health of men with CIUT;

 b_i- binary variables (age, existing illnesses, bad habits, etc.), i=1,2,...,n;

 β_0 – a free member who has the value of reproductive health of men with CIUT that corresponds to the zero values of all binary variables;

 β_i – regression coefficients that reflect the influence of the factor variables included in the model (when b_i =1) to the empirical level of reproductive health of men with CIUT, i = 1, 2, ..., n.

It should be noted that in predictive models with structural variables, all factor traits are binary variables, which means that they take values of 0 or 1.

The ability of a model to describe a realistic situation regarding the existence of a relationship between performance trait and factor variables is determined by the adequacy of the model. At the same time, the main characteristics of the model quality are the coefficient of determination R2, F – ratio, t – statistics [8]. The general appearance of the model with structural variables is given by the formula:

$$H = \beta_0 + \beta_1 b_1 + \beta_2 b_2 + ... + \beta_n b_n$$

where H – the empirical level of reproductive health of men with CIUT;

 b_i – binary variables (age, existing illnesses, bad habits, etc.), i=1,2,...,n;

 β_o – a free member who has the value of reproductive health of men with CIUT that corresponds to the zero values of all binary variables;

 β_i – regression coefficients that reflect the influence of the factor variables included in the model (when $b_i = 1$) to the empirical level of reproductive health of men with CIUT, i = 1, 2, ..., n/

It should be noted that in predictive models with structural variables, all factor traits are binary variables, which means that they take values of $0 \ \text{or} \ 1$.

The coefficient of determination R^2 characterizes the proportion of change in the productive feature (variance of the productive feature), which is explained by the prognostic model. The higher the value R^2 , the closer the relationship between the resultant and factor traits (the relationship is measured from 0 to 1). F – Fisher's criterion is used to evaluate the significance of differences in variance series variances. If the values of the coeffi-

cient of determination R^2 ta F – Fisher's criterion exceed the corresponding critical values, this is an indication of the significance of the relationship between the resultant and factor traits, and the model is adequate.

t – statistics characterize the degree of significance of individual coefficients for the factor variables included in the model and they are significant if their values exceed the standard error by more than 2 times the module.

When constructing a prognostic model of men's reproductive health, it was determined that the model was more adequate when combining the factors of each of the five indicator blocks.

The analysis of the scatter histograms and paired correlation coefficients (r), as well as a series of statistical transformations and derivatives of relative indicators, highlighted 20 indicators that could be used as factor variables to characterize the future reproductive health of men. It should also be noted that for the sake of comprehensive coverage of impact factors, factor variables were selected in such a way as to ensure that all five blocks of indicators are represented.

The following is an example of a list of selected indicators and the corresponding paired correlation coefficients to predict the likelihood of decreased reproductive ability among men with CIUT (by indicator blocks).

Indicators of Unit A «Socio-demographic characteristics»:

- men 40 years and older (r=0,423);
- body mass index above 29.5 (r=0.118);
- Higher education (r=-0,112).

Indicators of Unit B «Medical History of the Disease»:

- prostatitis recovered (r=0.299);
- presence of STDs (r=0,256);
- chlamydia recurrences (r=0.246);
- herpes simplex virus (on the waist gene) (r=0.351).

Indicators of Unit C «Maintaining a Healthy Lifestyle»:

- the presence of bad habits (smoking, drinking) (r=-0,204);
- daily consumption of alcoholic beverages (r=0,095);
- sedentary lifestyle over 8 hours a day (r=0,180);
- no physical activity (r=0,180).

Indicators of Unit D «Features of Sex Life»:

- presence of one permanent sexual partner (r=0,117);
- irregular intercourse (2 times a month and less) (r=0,101);
- − lack of physical pleasure from sexual intercourse (r=0,215);
- absence of children (r=0.118).

Indicators of Unit E «Actual Sperm Parameters»:

- pathological morphotype of sperm (r=0,401);
- leukocyte disproportion in semen (r=0,310);
- leukocytospermia (r=0.300);
- the presence of pathological forms of sperm (r=0,208).

В ПОМОЩЬ ПРАКТИЧЕСКОМУ ВРАЧУ

Given the limitations of the factors that can be included in the model without loss of adequacy parameters, as well as the importance of each of the selected factors, the author has assembled an expert team to discuss key indicators. According to certain blocks of indicators, the expert group identified the main criteria for the study of male reproductive health:

- Age and mass index;
- A history of STDs and prostatitis;
- Physical activity and consumption of alcoholic beverages;
- Regularity of sexual intercourse and absence of children;
- Sperm morphotype and proportion of leukocytes in sperm.

In Fig. 1 shows the indicators that negatively affect the fertility of men in the presence of HCT in anamnesis, in accordance with the degree of their impact according to the estimates of the expert group.

Thus, according to the data presented in Fig. 1. It should be noted that the greatest impact on the negative reproductive health of men with chronic heart disease has demographic characteristics of patients and sperm parameters. Thus, men older than 40 years with a pathological sperm morphotype are more likely to have a decrease in fertility in the background or after treatment with CIUT [5, 13].

As a result of identifying the most important factor variables for their further use in the prognostic models of men's reproductive health, a stepwise regression method with «joining» and «exclusion» was applied. At the same time, in order to avoid autocorrelation between the factors included in the model, the rules that in the final model should be presented indicators from different blocks are observed.

Based on the results of the analysis, it is determined that the most appropriate models are the interconnections built for the indicator «Share of infantile men» as a dependent variable.

The author proposes two equivalent models, with an acceptable level of significance of the coefficients of the model and its adequacy as a whole, but at the same time, the set of factor traits is different.

The prognostic model-1 for the likelihood of impaired reproductive ability in men with CIUT: ($H_{\it ira}$) includes the following variables:

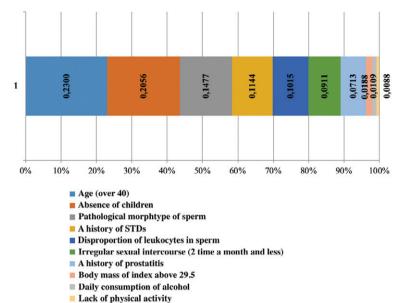


Figure 1. Key indicators of a negative impact on male fertility in the presence of HRT in history

Source: Compiled by the authors as estimated by the expert panel.

 b_{τ} – a man aged 40 and over (the variable assumes a value of «1» – if a man aged 40+ years; a variable takes the value of «0» – if a man is under 40 years;

 b_2- in the past, a man became ill with prostatitis (*1» – yes; *0» – no);

 b_2 – the man does not exercise (*1» – yes; *0» – no).

 $\vec{b_4}$ – the man has no children («1» – yes; «0» – no);

 b_5^\prime – leukocyte disproportion in sperm is present (*1» – yes; *0» – no).

The final look of the model:

He final flock of the model:
$$H_{ira}=0.178+0.123\times b_{_{1}}+0.206\times b_{_{2}}+0.036\times b_{_{3}}+0.100\times b_{_{4}}+0.237\times b_{_{5}}$$

$$\begin{array}{ll} R_2 = 0.827 & R_{2krit} = 0.316 \\ (\tilde{F} = 30.6 & F_{krit} = 2.8) \end{array}$$

Table 2

Interpretation of model parameter values

Factor variables	Parameter value	Model parameter explanation	
(free member of the equation)	0,178 (<i>t</i> =14,6)	This is the average likelihood of reproductive decline in men under 40 years of age who have never had prostatitis, are physically active, have children, and leukocyte counts in sperm are in an acceptable proportion	
b ₁ – a man aged 40 and over	+0,123 (<i>t</i> =7,1)	All things being equal, the probability of a reproductive decline for men with a history of 40 years and over is on average 0.123 and is 0.301 or 30.1%	
b ₂ – in the past, a man had contracted prostatitis	+0,206 (<i>t</i> =4,2)	Other things being equal, for men with CIUTwho have prostatitis, the likelihood of a decrease in reproduction increases by an averag of 0.206 and is 0.384 or 38.4%	
b_3 – the man does not exercise	+0,036 (<i>t</i> =1,9)	Other things being equal, for men with CIUTwho do not exercise, the likelihood of a decrease in reproduction increases by an average of 0.036 and is 0.214 or 21.4%	
b_4 – man has no children	+0,100 (<i>t</i> =3,2)	All things being equal, for men with CIUT who do not have children at the time of the survey, the likelihood of a decrease in reproduction increases by an average of 0.100 and is 0.278 or 27.8%	
b_5 – there is a disproportion of leukocytes in semen	+0,237 (<i>t</i> =5,3)	All things being equal, for men with CIUT, semen analysis of which showed a leukocyte disproportion, the likelihood of a decrease in reproduction increases by an average of 0.237 and is 0.415 or 41.5%	

ПОМОЩЬ ПРАКТИЧЕСКОМУ ВРАЧУ

Table 3

Fragment of feature values for model-1 construction

Nº	b ₁	b ₂	b ₃	b ₄	b ₅	H _{3p3}
1	0	0	0	0	0	0,178
2	0	1	0	0	0	0,384
3	0	0	1	0	0	0,214
4	0	0	0	1	0	0,278
5	0	0	0	0	1	0,415
6	1	0	0	0	0	0,301
7	1	1	0	0	0	0,507
8	1	1	1	0	0	0,543
24	1	1	1	1	0	0,643
25	1	1	1	1	1	0,880

Source: Written by the author.

The critical values of the given model quality characteristics correspond to the 95% probability of correlation between performance and factor variables.

Since the actual values of the coefficient of determination of R^2 and F – ratio significantly exceed their critical values, there is reason to argue that the relationship between the resultant and factor traits is adequately described by the equation obtained. The proximity of actual R^2 to one means that the association between dense traits, factor variables selected, accounts for 82.7% of the variation in the likelihood of reproductive health decline in men with CIUT.

t - statistics indicate the significance of regression coefficients. Their values, as well as the interpretation of the model parameters are given in Table 2.

Thus, 25 combinations of variables from possible sets of traits were used to determine the empirical likelihood of reproductive decline in men with HCTF using predictive model-1. A fragment of the feature set is given in Table 3.

In Table 3, the set of traits by number 1 corresponds to the men with the lowest probability of reproductive decline: these are men under 40 (since $b_4 = 0$), who have never had prostatitis

(since = 0), are physically active (since $b_2 = 0$), are physically active (since $b_3 = 0$), have children (since $b_4 = 0$), leukocyte sperm counts in an acceptable proportion (since $b_5 = 0$). For these men, the likelihood of a decrease in reproduction is 17.8%.

The set of traits numbered 25 corresponds to the men with the highest likelihood of decreased reproduction: these are men 40 years of age and older (since $b_1 = 1$), who have prostatitis (since $b_2 = 1$), do not exercise (since $b_3 = 1$), have no children (since $b_4 = 1$), leukocyte indices in sperm indicate disproportion (since $b_s=1$). Для цих чоловіків ймовірність зниження репродуктивності становить 88,0%.

For these men, the likelihood of a decrease in reproduction is 88.0%.

Thus, depending on the set of patient characteristics, the likelihood of decreased reproductive performance among them in the model-1 ranges from 17.8 to 88.0%.

The prognostic model-2 for the likelihood of impaired reproductive ability in men with CIUT (H_{ira}) includes the following variables: $b_{_{1}}$ – body mass index above 29.5 («1» – yes; «0» – no);

 b_{2} – in the past, a person was ill with STD ((1 - yes; 0) – no);

Table 4

Interpretation of model parameter values

Factor variables	Parameter value	Model parameter explanation			
(free member of the equation)	0,187 (<i>t</i> =13,5)	This is an average chance of a decline in reproductive health among men with BMI below 29.5 who have never had STDs, do not drink alcohol daily, have sexual intercourse more than 2 times a month, with no abnormalities in sperm morphotype			
b ₁ – a man with a BMI above 29.5	+0,103 (<i>t</i> =4,3)	Other things being equal, for men with CIUT with a BMI higher than 29.5, the probabil of a decrease in reproduction increases by an average of 0.103 and is 0.290 or 29.09			
b_2 – STDs in history	+0,215 (<i>t</i> =3,0)	All things being equal, the likelihood of a decrease in reproductive capacity for men with CIUT who suffer from STDs increases by an average of 0.215 and is 0.402 or 40.2%			
b_3 – daily consumption of alcoholic beverages	+0,058 (<i>t</i> =1,7)	All things being equal, for men with CIUT, the daily consumption of alcohol is likely to decrease by an average of 0.058 and is 0.245 or 24.5%.			
b ₄ – irregular intercourse	+0,078 (<i>t</i> =1,8)	All things being equal, for men with CIUT who have irregular sex (2 times a month or less), the likelihood of a decrease in reproduction increases by an average of 0.078 and is 0.265 or 26.5%			
b_5 – pathological morphotype of sperm	+0,287 (<i>t</i> =5,1)	All things being equal, for men with CIUT, semen analysis of which showed a leukocyte disproportion, the likelihood of a decrease in reproduction increases by an average of 0.278 and is 0.474 or 47.4%			

Source: Compiled by the authors.

Nº	$eta_{f o}$	b,	b ₂	b ₃	b ₄	b ₅	H _{3p3}
1	0,187	-	-	-	-	-	0,187
2	0,187	-	0,215	-	-	-	0,402
3	0,187	-	-	0,058	-	-	0,245
4	0,187	-	-	-	0,078	-	0,265
5	0,187	-	-	-	-	0,287	0,474
6	0,187	0,103	-	-	-	-	0,29
7	0,187	0,103	0,215	-	-	-	0,505
8	0,187	0,103	0,215	0,058	-	-	0,563
23	0,187	0,103	0,215	0,058	0,078	-	0,641
24	0,187	0,103	0,215	0,058	0,078	0,287	0,928

Source: Compiled by the authors.

 $b_{\scriptscriptstyle 3}$ – a man consumes alcoholic beverages daily (*1» – yes; *0» – no);

 $b_{_4}$ – irregular sexual relations (twice a month and less) («1» – yes; «0» – no);

 b_5 – morphotype of sperm pathological («1» – yes; «0» – no). The final look of the model:

 $H_{im} = 0.187 + 0.103 \times b_{_{1}} + 0.215 \times b_{_{2}} + 0.058 \times b_{_{3}} + 0.071 \times b_{_{4}} + 0.287 \times b_{_{5}}$

$$\begin{array}{ll} R_2 = 0{,}687 & R_{2krit} = 0{,}306 \\ (F = 28{,}2 & F_{krit} = 2{,}8) \end{array}$$

The proposed model is adequate to the actual values of the model's quality characteristics for 95% probability. The association between the likelihood of impaired reproductive ability among men with CIUT and factor variables is dense and explains 68.7% of the variation in the outcome variable. Another 31.3% of the variation is due to factors not included in the model. The interpretation of model parameter values for factor variables is given in Table. 4.

Thus, 24 combinations of variables from possible sets of traits were used to determine the empirical likelihood of reproductive decline in men with CIUT using prognostic

model N_{2} 2. A fragment of the feature set is given in Table 5.

In Table 5, the set of traits by number 1 corresponds to the men with the lowest likelihood of decreased reproduction: these are men with a body mass index below 29.5 (since $b_1 = 0$), who have never had STDs (since $b_2 = 0$), do not drink alcohol daily (since $b_3 = 0$), have regular sexual relations (more than 2 times a month) (since $b_4 = 0$), with normal sperm morphotype (since $b_5 = 0$). For these men, the likelihood of a decrease in reproduction is 18.7%.

The 24 feature set corresponds to men with the highest likelihood of decreased reproductive performance: these are men with a body mass index above 29.5 (since $b_1 = 1$), who have had STDs in the past (since $b_2 = 1$), who drink alcohol daily (since $b_3 = 1$), have irregular (2 times a month and less) sexual

relations (since $b_4 = 1$), with pathological morph type of sperm (since $b_5 = 1$). For these men, the likelihood of a decrease in reproduction is 92.8%.

Thus, depending on the set of patient characteristics, the likelihood of reproductive decline among them in the model-2 ranges from 18.7% to 92.8%.

For convenience of using the results of modeling and unifying approaches to the treatment of patients, a scale for assessing the likelihood of reproductive health decline in men with chronic heart failure has been proposed. The scale provides for the following classification of patients:

- 0.0-0.30 (or 0.0-30.0%) low probability of reproductive health disorders;
- \bullet 0.31–0.60 (or 31.0–60.0%) the average probability of reproductive health disorders;
- \bullet 0.61–0.93 (or 61.0–93.0%) high probability of reproductive health disorders.

The results of the testing of the scale of assessment based on patient data gave the distribution shown in Fig. 2.

The data presented in Fig. 2. Evidence of sufficiently close patient distributions on the scale of the likelihood of male re-

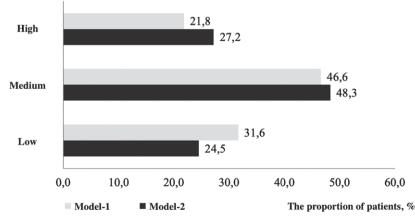


Figure 2. Distribution of patients by likelihood of reproductive health disorders in the presence of CIUT according to the rating scale

В ПОМОЩЬ ПРАКТИЧЕСКОМУ ВРАЧУ

productive health disorders in both variants of the prognostic models (the relationship between the distributions is 0.874). This indicates that, if the necessary information is available, the proposed models can be equally used in the planning of treatment regimens for men with CIUT.

However, it should be borne in mind that Model 1, like Model 2, do not cover the whole set of factors that determine the reproductive health of men with HCT. Recall that model-1 describes 82.7% of the variation in the resultant variable, while model-2 describes only 68.2%. Therefore, the impact of a number of factors is beyond the model. According to the author, among other factors significant influence are other, not included in the model, semen parameters, which should be taken into account comprehensively

in determining the treatment regimen of patients. This involves considering both the sperm morphotype and the leukocyte fraction in the sperm.

CONCLUSIONS

- 1. Medical, social characteristics and spermatological data should be included to evaluate the reproductive health of men with a view to comprehensively assessing the reproductive health of men with CIUT.
- 2. In the practice of the family doctor, it is advisable to use prognostic models of reproductive health disorders for men with CIUT not only for diagnostic but also for therapeutic and prophylactic purposes.

Сведения об авторах

Ципоренко Сергей Юрьевич — Кафедра семейной медицины и амбулаторно-поликлинической помощи Национальной медицинской академии последипломного образования имени П.Л. Шупика, 04112, г. Киев, ул. Дорогожицкая, 9; тел.: (050) 649-81-31. *E-mail: tsiporenko@ukr.net*

Матюха Лариса Федоровна — Национальная медицинская академия последипломного образования имени П.Л. Шупика, 04112, г. Киев, ул. Дорогожицкая, 9. *E-mail: mlarysa@gmail.com*

REFERENCES

- 1. The Law of Ukraine «The Fundamentals of Ukrainian Legislation on Health Care», Article 35¹.
- 2. Order of the Ministry of Health of Ukraine dated March 19, 2015, No. 504 «On Approval of the Procedure for Provision of Primary Health Care».
- 3. Verbets W. 2006. Methodology and method of sociological research: Educational and methodical manual. The second ed.Rivne: RDU: Institute for Social Studies. 168 p.
- 4. Gorpinichenko II, Poroshyna TV et al.

- 2009. Chronic abacterial prostatitis: Immunological study of ejaculate. Health of the man. 2: 80-82.
- 5. Demchenko AN. 2004. Dysfunctional hypofertility in men, the latest approaches to its classification, diagnosis and therapy. News of medicine and pharmacy. 13:16-18.
- Lyahg Y, Guriyanov VG. 2004. Fundamentals of Computer Biostatistics: Analysis of Information in Biology, Medicine and Pharmacy by the Statistical Package of MedStat. 212.
- 7. Tiktinski SL. 1990. Andrology Guide.
- 8. Tkach El., Storozhuk VP. 2009. General theory of statistics: textbook [for the student. higher teach eng. K.: Center for Educational Literature. 442 p.
- 9. Azenabor A, Oloruntoba Ekun A, Akinloye O. 2015. Impact of Inflammation on Male Reproductive Tract. J Reprod Infertil. 16(3): 123–129.
- 10. Baker P, Shand T. 2017. Men's health: time for a new approach to policy and practice? J Glob Health. 7:010306.
- 11. Glazer CH, Bonde JP, Eisenberg ML,

Giwercman A, Hærvig KK, Rimborg S, Vassard D et al. 2017. Male infertility and risk of nonmalignant chronic diseases: a systematic review of the epidemiological evidence. Semin Reprod Med. 35:282–290.

12. Hollanders J.M.G., Carver-Wand J.A. 1996. Male Infertility — from A to Z. 94.

13. Levine H, Jørgensen N, Martino-Andrade A, Mendiola J, Weksler-Derri D, Mindlis I, Pinotti R, Swan SH. 2017. Temporal trends in sperm count: a systematic review and meta-regression analysis. Hum Reprod Update. 23:646–649.

Статья поступила в редакцию 23.12.2019